



The legal and organizational aspects of psychotherapy practice (Part 1)

This course is given online. It includes 25 hours of course content.

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Pre-requisites: In order to register for and complete this course, participants need to be a licensed professional, *or* need to have completed or be in the process of completing a bachelor's degree in human relations (for example, psychology, counselling, nursing, occupational therapy, social work/MFT, guidance counselling, psychoeducation, or related disciplines).

GENERAL DESCRIPTION OF CONTENT

The course will cover the following themes:

- **Bill 21 as it relates to the practice of psychotherapy:** the Trudeau report (aims, development process, what it changed in the mental health landscape, strengths and weaknesses); definition of psychotherapy and of related activities; requirements for theoretical and clinical training; interpreting the Bill; strengths and weaknesses of the Bill; basic training and continuing education; obligations for clinicians; how the public is or is not protected; other activities covered by the Bill; etc.
- **Legal aspects of practice (psychotherapy and the law):** laws and diverse regulations that have an effect on your practice (e.g. youth protection, etc.); etc.
- **The professional system in Quebec – legal and professional considerations:** understanding the professional system in Quebec; what is an Order?; what does and can an Order do and what does it not or can it not do?; how to defend yourself, your rights and obligations when a complaint is filed against you; the complaint process; the *Office des Professions* and the Code; professional inspection, and other committees within an Order; what is an association?: differences between an order and an association; etc.
- **The health system in Quebec:** who's who?; the organization of health services; stepped care hierarchical models of care; strategic action plans; resources for practitioners and clients; etc.

ORGANIZATION OF CLASS TIME

As per the OPQ's interpretation of Bill 21 and of the hours and credits required by domain, participants may expect to invest 2 hours of personal work for each hour spent "in class" (online) for readings, course preparation, studying and the assignment(s) or examination(s).

ASSIGNMENTS

This course involves completing two exams, one mid-way through the course and another at the end of the course.

This course is graded as Pass/Fail.

REFERENCES

A number of documents are available to you in each lesson taken online. In addition to those documents, you may wish to consider the following documents and resources.

LEGAL MATTERS

- **Youth Protection Act of Quebec:**
http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=2&file=/P_34_1/P34_1_A.html
 - **When to report to Youth Protection:** <https://www.educaloi.qc.ca/en/capsules/when-report-case-director-youth-protection>
 - **Also see** <http://www.batshaw.qc.ca/sites/default/files/filling-report-with-dyp-08-838-01A.pdf>
 - **Batshaw Youth Services:** <http://www.batshaw.qc.ca/en/need-help/report>
 - **Regulations & laws in the MSSS:**
http://www2.publicationsduquebec.gouv.qc.ca/lois_et_reglements/liste_reglements.php?alpha=M-19.2
 - **Health laws – odds and ends (consent, forced treatment, complaints, etc.):**
<https://www.educaloi.qc.ca/categories/sante>
- Regulations – Bill 21: These will be covered extensively in the course.**
- <http://ordrepsy.qc.ca/fr/public/projet-de-loi-21/repertoire.sn>
 - In English:
 - <http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=5&file=2009C28A.PDF>
 - In French:
 - <http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=5&file=2009C28F.PDF>
 - English version:
http://www.ordrepsy.qc.ca/sn_uploads/fck/pdf/obtenir_un_permis/permis_psychotherapeute/2012_06_06_GOQ_Permis_Psychotherapeute_EN.pdf

- Version française:
http://www.ordrepsy.qc.ca/sn_uploads/fck/pdf/obtenir_un_permis/permis_psychotherapeute/2012_06_06_GOQ_Permis_Psychotherapeute.pdf
- Published in the Gazette Officielle, 144, no. 23. -
http://www.opq.gouv.qc.ca/fileadmin/documents/Systeme_professionnel/Guide_explicatif_decembre_2013.pdf
- E. Lorquet (2012), Psy. Qc, 29(2) – this will be distributed in class
- http://ordrepsy.qc.ca/pdf/2013_04_26_Avis_Hypnose_et_hypnotherapie.pdf
- www.ordrepsy.qc.ca/ententehypnose
- http://ordrepsy.qc.ca/sn_uploads/fck/pdf/Gazette_officielle_modif_permis_psychotherapeute.pdf
- http://ordrepsy.qc.ca/sn_uploads/fck/pdf/obtenir_un_permis/permis_psychotherapeute/Resume_des_documents_a_fournir_Voie_reguliere.pdf

THE QUEBEC HEALTH SYSTEM

This will be presented extensively in the course. Also see:

- <http://www.msss.gouv.qc.ca/sujets/organisation/en-bref/> (for a good overview)
- https://www.cssscoeurdelile.ca/fileadmin/csss_cdi/Publications/pdf/systeme_en_bref.pdf (for another good overview)
- *Resources for your clientele: <http://sante.gouv.qc.ca/repertoire-ressources/>
- Action Plan of the MSSH (2005-2010): <http://publications.msss.gouv.qc.ca/msss/document-000786/>
- NEW! - Action Plan of the MSSH (2015-2020):
<http://publications.msss.gouv.qc.ca/msss/fichiers/2015/15-914-04W.pdf>

TAX MATTERS

- <http://www.revenuquebec.ca/fr/entreprises/taxes/tpstvhtvq/reglesdebase/inscription/default.aspx>
- https://www.ordrepsy.qc.ca/sn_uploads/2012_12_20_Interpretation_taxes.pdf
- <http://www.cpa.ca/docs/File/Position/CPA%20response%20to%20CRA%20February%2025%202015%20-%20FINAL.pdf>
- https://www.ordrepsy.qc.ca/pdf/2PP_Secretariat_general.pdf
- https://www.ordrepsy.qc.ca/pdf/2015_07_21_Interpretation_taxes.pdf

THE PROFESSIONAL SYSTEM

- www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=2&file=/C_26/C26_A.html
- **Office des professions** - <http://www.opq.gouv.qc.ca/> (see also the Déclaration de services aux citoyens, 2013, which will be reported in the slides)
- **Conseil interprofessionnel du Québec** : <https://professions-quebec.org>
- **For an excellent summary of the complaint process, see**
<https://www.barreau.qc.ca/pdf/organisation/cheminement-plainte-syndic.pdf>
- **Tribunal des professions:**
http://www.tribunaux.qc.ca/tribunal_professions/index_professions.html